

**Fountain Valley High School
Central Park (New Course) - Overall Top 10
2015-Present**

	Name	Time	Year		Name	Time	Year
1				6			
2				7			
3				8			
4				9			
5				10			

**Central Park (New Course) - Top 25 By Grade
Sophomores**

Rank	Name	Time	Year	Rank	Name	Time	Year
1				1			
2				2			
3				3			
4				4			
5				5			
6				6			
7				7			
8				8			
9				9			
10				10			
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13				13			
14				14			
15				15			
16				16			
17				17			
18				18			
19				19			
20				20			
21				21			
22				22			
23				23			
24				24			
25				25			

Central Park (New Course) - Top 25 By Grade
Sophomores **Freshman**

Rank	Name	Time	Year	Rank	Name	Time	Year
1				1			
2				2			
3				3			
4				4			
5				5			
6				6			
7				7			
8				8			
9				9			
10				10			
11				11			
12				12			
13				13			
14				14			
15				15			
16				16			
17				17			
18				18			
19				19			
20				20			
21				21			
22				22			
23				23			
24				24			
25				25			

**Fountain Valley High School
Cerritos Regional Park - Overall Top 10
2011-2014**

	Name	Time	Year		Name	Time	Year
1	Hunter Gulino	14:56	2013	6	Thomas Duckson	15:18	2012
2	Jay Bonthius	15:00	2011	7	Max Chern	15:29	2011
-	William Hua	15:00	2015	8	Norberto Osorio	15:42	2013
4	David Abraham	15:09	2013	9	Eric Mendoza	15:40	2011
5	Galyn Nash	15:17	2014	10	William Kokal	15:58	2011
				-	Huy Nguyen	15:58	2015

**Cerritos Regional Park - Top 25 By Grade
Seniors Juniors**

Rank	Name	Time	Year	Rank	Name	Time	Year
1	Hunter Gulino	14:56	2013	1	Hunter Gulino	15:18	2012
2	Jay Bonthius	15:00	2011	2	William Hua	15:23	2014
3	William Hua	15:00	2015	3	Galyn Nash	15:24	2013
4	David Abraham	15:09	2013	4	Max Chern	15:29	2011
5	Galyn Nash	15:17	2014	5	Norberto Osorio	15:42	2013
6	Thomas Duckson	15:18	2012	6	William Kokal	15:58	2011
7	Eric Mendoza	15:40	2011	7	Huy Nguyen	15:58	2015
8	Brenden Prieto	16:07	2011	8	Jonathan Guerava	16:06	2015
9	William Kokal	16:23	2012	9	Kenneth Barrios	16:18	2013
10	Joseph Martinez	16:23	2014	10	David Abraham	16:19	2012
11	Alan Loi	16:25	2013	11	Thomas Duckson	16:26	2011
12	Noah Carr	16:26	2015	12	Alan Loi	16:35	2012
13	Bryce Schoppert	16:49	2011	13	Sam Arciniaga	16:44	2011
14	Daniel Kim	16:58	2015	14	Noah Carr	16:54	2014
15	Tanner Kinderman	17:00	2012	15	Brian Lu	17:09	2012
16	Kenneth Barrios	17:02	2014	16	Tanner Kinderman	17:12	2011
17	Max Chern	17:11	2012	17	Mathew Messick	17:12	2015
18	Dario Resendiz	17:32	2012	18	Michael McComb	17:26	2011
19	Tyler Cottle	17:48	2012	19	Johnny Huynh	17:36	2015
20	Daniel Tran	17:48	2013	20	Zach Goldstein	17:39	2015
21	Diego Rivera	18:08	2014	21	Robert Oseguera	17:45	2013
22	Andy Thio	18:33	2012	22	William Messick	17:47	2015
23	Toan Nguyen	18:50	2012	23	Uy-Long Ngo	18:08	2013
24	Vincent Trang	18:53	2015	24	Tejas Chedha	18:08	2015
25	Michael McComb	19:02	2012	25	Daniel Kim	18:24	2014

Cerritos Regional Park - Top 25 By Grade
Sophomores **Freshman**

Rank	Name	Time	Year	Rank	Name	Time	Year
1	Marc Tadros	15:44	2015	1	Kevin Zimmerle	16:51	2015
2	Jonathon Guevara	16:38	2014	2	Horacio Contreras	17:36	2011
3	Galyn Nash	16:39	2012	3	Marc Tadros	18:03	2014
4	William Hua	16:40	2013	4	Noah Carr	18:04	2012
5	Brian Lu	16:49	2011	5	Donnie Marion	18:12	2014
6	Brenden Hicks	16:50	2015	6	William Hua	18:21	2012
7	Amogha Dahal	16:53	2014	7	Jacob Ferris	18:34	2014
8	Huy Nguyen	16:57	2014	8	Galyn Nash	18:36	2011
9	Jacob Ferris	16:57	2015	9	Nic Barber	18:43	2014
10	Tanner Grohmann	17:04	2015	10	Brendan Hicks	18:51	2014
11	Kenneth Barrios	17:12	2012	11	Cody Mebed	18:53	2015
12	Nico Barber	17:32	2015	12	Huy Nguyen	19:02	2013
13	Uy-Long Ngo	17:40	2012	13	Jonathon Guevara	19:06	2013
14	Alan Loi	17:41	2011	14	Cameron Bald	19:08	2012
15	Noah Carr	17:43	2013	15	Tanner Grohmann	19:30	2014
16	Joseph Martinez	17:49	2012	16	William Messick	19:45	2013
17	Kevin Lam	17:52	2011	17	Bryce Grohmann	19:46	2015
18	Madison Koelzer	18:03	2014	18	David Barber	19:51	2015
19	Jeremy Montes	18:16	2013	19	Carlan Nguyen	19:53	2014
20	Johnny Huyhn	18:16	2014	20	James Gilbert	20:36	2011
21	Harrison Edwards	18:25	2011	21	Andrei Ludovice	20:36	2014
22	William Messick	18:33	2014	22	Albert Nguyen	20:58	2011
23	Matthew Messick	18:42	2014	23	Zachary Goldstein	21:10	2013
24	Cody Benbow	18:43	2011	24	Dylan Bivens	21:20	2013
25	James Gilbert	18:46	2012	25	Jacob Winkle	21:39	2013
-	Zachary Goldstein	18:46	2014	-			

Dana Hills - Top 25 By Grade

Sophomores

Freshman

Rank	Name	Time	Year	Rank	Name	Time	Year
1	Richie Lockwood	15:15	1987	1	Josh Selley	15:40	2000
2	Luis Morales	15:24	2008	2	Luis Morales	16:06	2007
3	Josh Selley	15:45	2001	3	Richie Lockwood	16:15	1986
4	Mark Sanchez	15:47	1989	4	Dave Dannov	16:36	1986
5	Dave Dannov	15:49	1987	5	Bryce Kubo	16:38	2003
6	Ned Mosher	15:50	1979	6	Mark White	16:48	1987
7	Adam Kendis	15:54	2001	7	Corey Kubo	16:57	2000
8	Kaz Nishikawa	15:57	2007	8	Alex Jaich	17:03	2004
9	Eric Dyson	15:58	2005	9	Samuel Arciniaga	17:05	2009
10	William Hua	15:59	2013	10	Casey Kubo	17:06	2000
11	Dave Knos	16:00	1985	11	Eric Mendoza	17:06	2008
12	Russel Westphal	16:00	2005	12	William Kokal	17:06	2009
13	Bob Erickson	16:02	1979	13	Vincent Tran	17:09	2007
14	Galyn Nash	16:05	2012	14	Brian Lu	17:09	2010
15	Nick Brokhausen	16:09	2001	15	Blake Miller	17:20	2003
16	Jeremy Williams	16:10	2003	16	Horacio Contreras	17:21	2011
17	Bryce Kubo	16:11	2004	17	Noah Carr	17:25	2012
18	Andy Gonzales	16:19	1979	18	Zach Stone	17:27	1997
19	Corey Kubo	16:19	2001	19	Max Chern	17:30	2009
20	Casey Kubo	16:19	2001	20	Brent McKinley	17:33	1985
21	Zach Stone	16:21	1998	21	Chris Chirious	17:38	2004
22	Christian Olive	16:21	2007	22	Stephan Reynolds	17:39	1984
23	Alex Blanning	16:22	2004	23	Eric Cline	17:39	1999
24	Blake Miller	16:22	2004	24	Jesse Beccera	17:40	2003
25	Preston Switzer	16:28	2003	25	Alex Drum	17:41	2001

Fountain Valley High School
Irvine Regional Park - Overall Top 10
1999-2014(Excluding 2007 Rain Course)

	Name	Time	Year		Name	Time	Year
1	Norberto Osorio	14:58	2013	6	David Abraham	15:30	2013
2	Michael Gavino	15:11	2001	7	Blake Miller	15:33	2006
3	Hunter Gulino	15:21	2012	8	Eric Dyson	15:34	2006
4	Luis Morales	15:22	2008	9	Galyn Nash	15:34	2013
5	Josh Selley	15:27	2003	10	Jeremy Williams	15:36	2004

Irvine Regional Park - Top 25 By Grade
Seniors Juniors

Rank	Name	Time	Year	Rank	Name	Time	Year
1	Michael Gavino	15:11	2001	1	Norberto Osorio	14:58	2013
2	Luis Morales	15:24	2010	2	Hunter Gulino	15:21	2012
3	Josh Selley	15:27	2003	3	Eric Dyson	15:34	2006
4	David Abraham	15:30	2013	4	Galyn Nash	15:34	2013
5	Blake Miller	15:33	2006	5	Jeremy Williams	15:36	2004
6	Jay Bonthius	15:37	2011	6	Josh Selley	15:39	2002
7	Nick Arciniaga	15:41	2000	7	William Hua	15:39	2014
8	Mark darrah	15:43	2002	8	Luis Morales	15:40	2009
9	Thomas Duckson	15:44	2012	9	Michael Gavino	15:45	2000
10	Max Chern	15:49	2012	10	Jordan Millington	15:54	2010
11	Hunter Gulino	15:49	2013	11	Max Chern	16:05	2011
12	Austin Israelsky	15:52	2008	12	Kaz Nishikawa	16:06	2008
13	Jordan Millington	15:56	2011	13	Preston Switzer	16:07	2004
14	Nick Brokhausen	15:57	2003	14	Christian Olive	16:07	2008
15	Eric Mendoza	15:57	2011	15	Raj Gharmalker	16:11	2001
16	Galyn Nash	15:57	2014	16	Nick Arciniaga	16:13	1999
17	Alex Sakamoto	16:02	2011	17	Mark Darrah	16:18	2001
18	Devon Lehman	16:07	2000	18	Russel Westphal	16:19	2006
19	Zach Stone	16:08	2000	19	Ian Figarsky	16:20	2003
20	Corey Kubo	16:08	2003	20	Alex Sakamoto	16:23	2010
21	Jeremy Williams	16:09	2005	21	Eric Figarsky	16:25	2001
22	Ian Figarsky	16:14	2004	22	Adam Quick	16:29	2000
23	Adam Kendis	16:15	2003	23	James Ko	16:29	2004
24	James Ko	16:15	2005	24	Michael Canas	16:30	2006
25	Bryce Kubo	16:17	2006	25	Clifford Smith	16:31	2004
-	William Kokal	16:17	2012	-			

Irvine Regional Park - Top 25 By Grade

Sophomores				Freshman			
Rank	Name	Time	Year	Rank	Name	Time	Year
1	Luis Morales	15:22	2008	1	Josh Selley	16:40	2000
2	Galyn Nash	16:02	2012	2	Ian Dobrenan	16:42	2013
3	Jordan Millington	16:09	2009	3	Corey Kubo	16:58	2000
4	William Hua	16:11	2013	4	Casey Kubo	17:03	2000
5	josh Selley	16:17	2001	5	Kaz Nishikawa	17:05	2006
6	Eric Dyson	16:18	2005	6	Bryce Kubo	17:08	2003
7	Blake Miller	16:22	2004	7	Colin Niselman	17:08	2006
8	Russel Westphal	16:27	2005	8	Horacio Contreras	17:13	2011
9	Jeremy Williams	16:30	2003	9	Galyn Nash	17:16	2011
10	Corey Kubo	16:35	2001	10	Jeff Little	17:21	2008
11	Preston Switzer	16:35	2003	11	Blake Miller	17:23	2003
12	William Kokal	16:35	2010	12	Alex Jaich	17:29	2004
13	Max Chern	16:39	2010	13	Max Chern	17:33	2009
14	Hunter Gulino	16:39	2011	14	Noah Carr	17:33	2012
15	Ian Figarsky	16:40	2002	15	William Hua	17:35	2012
16	Patrick Cummings	16:43	2004	16	Adam Kendis	17:36	2000
17	Bryce Kubo	16:44	2004	17	Koushi Taniguchi	17:36	2006
18	Joseph Martinez	16:50	2012	18	Chase Edwards	17:39	2008
19	Amogha Dahal	16:53	2014	19	Sean Keeley	17:41	2000
20	Adam Kendis	16:54	2001	20	Marc Tadros	17:43	2014
21	Alex Blanning	16:54	2004	21	Brett Carr	17:44	2001
22	Vincent Tran	16:57	2008	22	Josh Nakashima	17:48	2002
23	Michael WoolCock	16:58	2001	23	Patrick Cummings	17:48	2003
24	Huy Nguyen	17:00	2014	24	Christian Olive	17:48	2006
25	Jack Turner	17:01	2004	25	Jack Turner	17:49	2003
-	Tanner Kinderman	17:01	2010	-			

Mt. Sac - Top 25 By Grade

Sophomores

Freshman

Rank	Name	Time	Year	Rank	Name	Time	Year
1	Josh Selley	15:53	2001	1	Josh Selley	16:39	2000
2	William Hua	16:01	2013	2	Luis Morales	16:48	2007
3	Mark Sanchez	16:13	1989	3	Dave Knos	16:52	1984
4	Jordan Millington	16:23	2009	4	Richie Lockwood	16:53	1986
5	Richie Lockwood	16:24	1987	5	Dave Dannov	17:15	1986
6	Tom Strelow	16:26	1978	6	Casey Kubo	17:19	2000
7	Galyn Nash	16:27	2012	7	Jose Garcia	17:23	2007
8	Eric Dyson	16:28	2005	8	Blake Miller	17:28	2003
9	Kaz Nishikawa	16:32	2007	9	Alex Drum	17:45	2001
10	Dave Knos	16:36	1985	10	Andrew Brown	17:46	1980
11	Mark White	16:36	1988	11	Craig Smoot	17:48	1978
12	Corey Kubo	16:43	2001	12	Corey Kubo	17:48	2000
13	Adam Kendis	16:47	2001	13	Horacio Contraes	17:48	2011
14	Russell Westphal	16:49	2005	14	Sean Kelley	17:49	2000
15	Nick Brokhausen	16:53	2001	15	Tom Strelow	17:53	1977
16	Dave Dannov	16:54	1987	16	Bob Erickson	17:57	1978
17	Blake Miller	16:55	2004	17	Noah Carr	18:01	2012
18	Michael Woolcock	17:05	2001	18	Galyn Nash	18:02	2011
19	Preston Switzer	17:06	2003	19	Bryce Kubo	18:03	2003
20	Patrick Cummings	17:09	2004	20	Alex Jaich	18:05	2004
21	Amgotha Dahal	17:10	2014	21	William Hua	18:07	2012
22	Dave Flatney	17:11	1986	22	Patrick Cummings	18:08	2003
23	Jonathon Guerava	17:11	2014	23	Max Chern	18:10	2009
24	Christian Olive	17:18	2007	24	Andy Gonzales	18:12	1978
25	Joseph Martinez	17:21	2012	25	Mike Pycior	18:15	1980

**Fountain Valley High School
Woodward Park 5k - Overall Top 10
2013-2014**

	Name	Time	Year		Name	Time	Year
1	Norberto Osorio	15:33	2013	6	Joseph Martinez	16:47	2014
2	William Hua	16:02	2014	7	Kenneth Barrios	17:09	2013
3	Galyn Nash	16:07	2013	8	Huy Nguyen	17:24	2014
4	David Abraham	16:17	2013	9	Jonathon Guerava	17:27	2014
5	Hunter Gulino	16:23	2013	10	Alan Loi	17:30	2013

Woodward Park 5k - Top 25 By Grade

Seniors				Juniors			
Rank	Name	Time	Year	Rank	Name	Time	Year
1	David Abraham	16:17	2013	1	Norberto Osorio	15:33	2013
2	Galyn Nash	16:22	2014	2	William Hua	16:02	2014
3	Hunter Gulino	16:23	2013	3	Galyn Nash	16:07	2013
4	Joseph Martinez	16:47	2014	4	Kenneth Barrios	17:09	2013
5	Alan Loi	17:30	2013	5	Noah Carr	18:03	2014
6	Kenneth Barrios	17:49	2014	6	Joseph Martinez	18:17	2013
7	Daniel Tran	18:36	2013	7	Robert Oseguera	18:36	2013
8	Diego Rivera	18:39	2014	8	Uy-Long Ngo	18:47	2013
9	Hunter DePretto	18:50	2013	9	Anthony Carmargo	19:07	2013
10	Kai Sakata	19:15	2013	10	Diego Rivera	19:55	2013
11	Steven Santiago	19:56	2013	11	Cuong Nguyen	20:07	2013
12	Mohsin Rehman	21:03	2013	12	Nick Villanueva	21:12	2014
13				13			
14				14			
15				15			
16				16			
17				17			
18				18			
19				19			
20				20			
21				21			
22				22			
23				23			
24				24			
25				25			
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Woodward Park 5k - Top 25 By Grade

Sophomores				Freshman			
Rank	Name	Time	Year	Rank	Name	Time	Year
1	William Hua	16:43	2013	1	Ian Dobrenen	17:44	2013
2	Huy Nguyen	17:24	2014	2	Huy Nguyen	18:29	2013
3	Jonathon Guerava	17:27	2014	3	Marc Tadros	18:34	2014
4	Amogha Dahal	17:41	2014	4	Brenden Hicks	19:11	2014
5	Madison Koelzer	18:13	2014	5	Nico Barber	19:20	2014
6	Noah Carr	18:14	2013	6	Jonathon Guerava	19:23	2013
7	William Messick	18:56	2014	7	Donnie Marion	19:42	2014
8	Zachary Goldstein	19:24	2014	8	Tanner Grohmann	19:43	2014
9	Jeremy Montes	19:25	2013	9	Jacob Ferris	21:48	2014
10	William Messick	19:25	2014	10			
11	Vincent Trang	20:37	2013	11			
12				12			
13				13			
14				14			
15				15			
16				16			
17				17			
18				18			
19				19			
20				20			
21				21			
22				22			
23				23			
24				24			
25				25			
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