

# Arcadia Invitational

## Qualifying Standards

2018

<u>Event</u>	<u>Boys Standard</u>	<u>Girls Standard</u>
100m:	11.04	12.60
200m:	22.58	26.23
400m:	50.59	58.70
800m:	1:58.70	2:19.20
Mile:	4:25.39 (sea level)	5:11.00 (sea level)
Rising Stars Mile (Fr/So boys only)	4:28.99 (sea level)	-----
3200m:	9:36.99 (sea level)	11:19.00 (sea level)
110 High H:	15.49	16.23
300mH:	40.22	47.39
4x100:	43.99	50.46
4x200:	1:32.50	1:47.30
4x400:	3:27.59	4:06.00
4x800:	8:14.00	9:58.00
4x1600:	18:24.00 (sea level)	22:14.00 (sea level)
800m SMR:	1:36.40	1:52.00
1600m SMR:	3:40.00	4:26.00
Distance Medley:	10:42.00 (sea level)	12:56.00
Shuttle Hurdles:	1:04.00	1:06.70
High Jump:	6-03.00	5-02.00
Pole Vault:	14-00.00	10-09.00
Long Jump:	21-05.00	17-05.00
Triple Jump:	43-03.00	36-03.00
Shot Put:	50-00.00	36-06.00
Discus:	148-00	117-00